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The Voice of the University of Toronto at Mississauga

THE MEDIUM

VOLUME 30 ISSUE 24

MARCH 22, 2004

Sin and Skin at Sex Pub

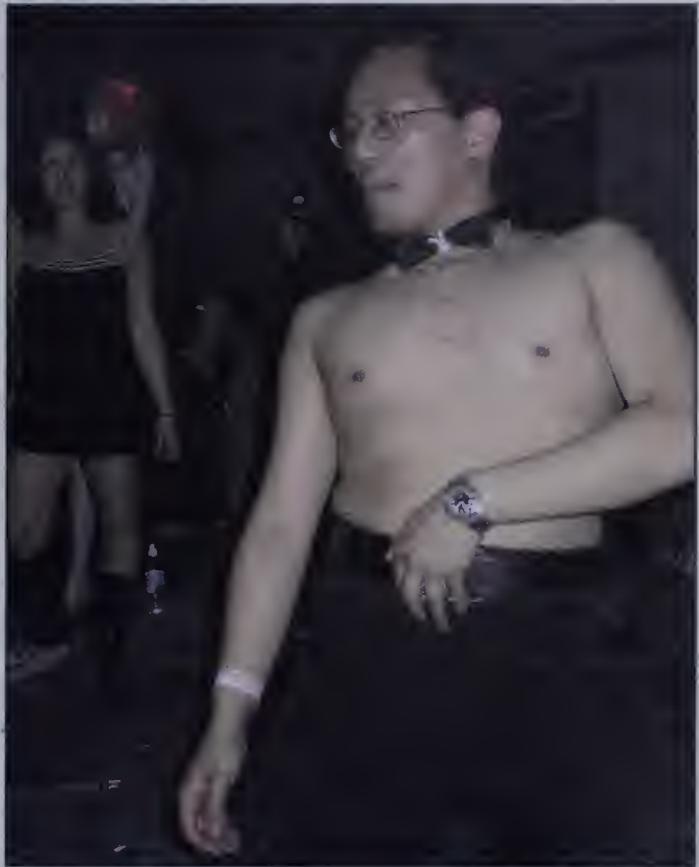


photo/David Britton

Last Thursday was scandalous at the Blind Duck Pub. The Sexual Education Centre (SEC) hosted a packed house for the second annual Sex Pub. The festivities were well-received by an enthusiastic (and aroused) crowd. While no scientific proof has been presented, many suspect that jello is a powerful aphrodisiac.

Above: Kyla celebrates her jello wrestling victory over Ashley while an appreciative audience looks on. While Ashley was favoured to win the match because of her experience in the sport, the surprise triumph went to the rookie, Kyla.

Right: Way to go, Joe! Joe demonstrates the proper way to shake your booty. The first of seven contestants in the 'Tighty Whitey' contest, Joe's undergarments were tight, but they were definitely not white. Instead, Joe sported a sparkling pair of briefs that resembled something between a rainbow and a disco ball. Read full story on page 3.



photo/Mehraan Pavri

MLSE drops stadium deal

BY ADRIAN BAREK

The U of T and Maple Leafs Sports and Entertainment (MLSE) will not be playing on the same team for Varsity Stadium. Despite ongoing negotiations between the university and MLSE to come to a mutually-beneficial agreement to build a new stadium on the Varsity site, MLSE announced two weeks ago that it was backing out of the deal.

"While there was strong political will to make this happen, it was not a viable structure financially so our

discussions with MLSE have concluded," said Jon Dellandrea, VP and chief advancement officer of the U of T said in a recent press release. MLSE owns the Toronto Maple Leafs, Toronto Raptors, and the Air Canada Centre.

While the loss is tough for the university to swallow, Dellandrea insisted that the project will move forward.

"Our paramount priority continues to be the development of high-quality athletic and recreational facilities for our students and campus community. We are continuing to have discussions with the Toronto Argonauts and the Canadian Soccer Association around the possibility of developing a 25,000-seat stadium that would meet our collective needs," he said.

The proposed deal with MLSE would have seen renovations to the existing Varsity arena as well as the construction of a new 25,000 seat stadium with an all-weather track, a second ice rink, and commercial space along Bloor Street. The proposal called for MLSE to pay the entire \$100 million price tag in return for a no-cost lease of the land for 35 years from the university. MLSE would have used the second ice rink, which was specifically designed without spectator seating, as a practice facility for the Maple

Unity ticket sweeps SAC elections

BY ADRIAN BAREK

The Unity ticket pulled off a clean sweep at the Students' Administrative Council (SAC) elections last week. The political party had members elected to all seven SAC executive positions along with a majority of Board of Director positions.

Unity's Web site - www.voteunity.ca - was updated soon after the results of the election were released last Friday. A message on the site read:

"UNITY won the 2004 SAC elections for every executive position and a majority on the Board of Directors. We thank everyone who helped out with the campaign, provided moral support during a highly stressful time, or just got out there and voted. The students have given us a clear mandate for change."

The Unity candidates voted into SAC executive position were as follows: Rini Ghosh for President, Julia Munk for VP Equity, Moneeza Ahmed for VP UTM, Howard Tam for VP University Affairs, Lisa Aldridge for VP Operations, and Sam Rahimi for VP External. Additionally, Dylan Rae was voted into the executive position of VP Student Life. While Rae is not officially a member of Unity, the party purposefully

refrained from running against him. According to the current VP UTM, Gengiz Seyhun, this was because the Unity ticket approved of Rae having the position.

The other main party running in the SAC election was Building Bridges. While Building Bridges had candidates running for each of the executive positions, none were elected.

For UTM students, much of the SAC election went unnoticed because six of the seven executive positions are based on the St. George campus. For those inclined to student politics at UTM, the SAC election revolved around the two-tier battle for VP UTM between Moneeza Ahmed and Melissa Shaw. Ahmed emerged the



photo/voteunity.ca
Newly elected VP UTM, Moneeza Ahmed, will lead SAC at Erindale.

victor, and will take office as the new VP UTM for the 2004/05 academic year. Unconfirmed reports stated that Ahmed's victory was a landslide, with her clinching over 600 votes compared to Shaw's 200.

Ahmed was overjoyed at her victory in the election.

"It feels amazing. I am ecstatic," Ahmed said. "A lot of people from UTM voted so it was great to see such a strong UTM voice. I can't wait for the year to start. I think SAC is going to continue to be phenomenal next year."

Ahmed's plans for her term in office include working on parking, bus routes, food service, the SAC mentorship program, and UTeaM.

"I am looking forward to a kick-ass frosh and an even better year to follow. The Board of Directors for next year are some of the most involved people out there with tons of experience and passion and I look forward to working with them," Ahmed said.

Ahmed was also quick to refute concerns that Unity's dominance in student politics will reduce the diversity of voices in elected office.

"I think U of T and especially UTM has one of the most diverse student bodies in the world," Ahmed said. "And I think that our

SAC continued on page 4

MONDAY MOVIES

Mar. 22 - School of Rock; 12pm. - What Women Want; 5pm. Mar. 28 - Once upon a Time in Mexico; 12pm. & 5pm.
- The Last Samurai; 2pm. & 7pm.

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High school students tour Erindale

BY JULIE TYIOS

Prospective students got a closer look at UTM during their March Break last week on behalf of tours organized by the registrar's office. The tours, aimed at students who have already applied to UTM, were follow-ups to similar information sessions held earlier in the year before the province-wide university application process began. The tours showcase what UTM has to offer to students as well as answer any questions about financial issues pertaining to post-secondary education at Erindale.

The tours were set up as a passport-type game, where students were given a passport booklet with their information inside and a photograph of themselves pasted to the back cover. Itineraries were laid out for each day of the tours, including a map of the campus and updated admission information.

Each year the tour displays different innovations brought about as the campus evolves and expands. This year, highlights of the tour included the new CCIT building, set to open in

August; the planning of the new library, athletics centre and newly opened Erindale Hall residence. The plans for a new Phase VIII residence to be built have not yet been finalized.

Prospective students were also introduced to the other services and facilities available on campus, and also informed about the cost of education plus ways in which financial stress can be alleviated. Next year, it is estimated that domestic students will be paying roughly \$8,700 to study at UTM for a year, and international students will be slapped with a steeper price tag of approximately \$16-17,000; figures which are expected to rise steadily in the coming years.

All tours were led by student volunteers, who also incorporated their own experiences at UTM and reasons for choosing the university to continue their education.

"I personally like it because it's a small community, something which isn't offered by any other university," commented first year volunteer Christine Mitry. "Another thing that drew me here was the forensic science

program, the only full-time undergraduate program in Ontario. There are a lot of good opportunities like that here and it's a definite advantage. First year it's somewhat of an apathetic campus, maybe due to a lack of promotion, however upper years seem to get involved more."

"University students who want to get involved, will," noted Liaison Officer for the Registrar, Ted Salgado. "UTM offers a lot of opportunities and it's up to students to get involved. There are a lot of clubs, societies and events on campus, you just have to go find out about it. Rez also has a lot of involvement in campus life." Salgado also listed some attracting factors of the campus, including the chance to get a prestigious U of T degree in a small suburban campus setting. "We had a large turnout and a lot of students volunteered to help make a difference on campus and get involved with the community," he noted. "We had a lot of questions and positive feedback from people, this is the information that the students want. The week was a big success."

More candidates acclaimed than elected for 2004-05 UTM politics

BY ADRIAN BAREK

It's election time for most student governments across campus, but students need not worry about a lot of voting because it won't be necessary. For many student governments and councils across campus, the majority of available positions were acclaimed instead of elected. When only one candidate runs for an elected position, that person is acclaimed to the position by default since no one ran against them.

The Students Administrative Council (SAC), the Erindale College Student Union (ECSU), and the UTM Athletics Council (UTMAC) are some of the more prominent student governments undergoing their annual electoral process at this time of year. All have experienced at least a few acclamations, and for some, the majority of positions available were acclaimed instead of elected.

There are seven elected positions available at the UTM branch of SAC; VP UTM and six Board of Director positions. While the cabinet position of VP UTM did feature a political battle between two candidates, five of the six Board of Director positions were acclaimed.

The last remaining Board of Director position remains open as no student ran for the position. For the 2004/05 school year, SAC's Board of Directors will be Nida Shams, Berkha Gupta, Waled Khogali, Ali Sana, and Audrey Robles.

At least one member of the board, Berkha Gupta, expressed disappointment that her position was acclaimed instead of elected.

"I personally wish that people had run against me because it is more competitive and makes me feel like the positions is more worth it for myself," she said.

The nomination period for the Board of Director positions at SAC was four days long, which some people involved in Erindale politics feel is too short. Additionally, some criticisms were raised about SAC's lack of communication to students that the positions were available. ECSU President, Adil F. Mirza, expressed his thoughts on all Board of Director positions being acclaimed.

"You could blame student apathy on this campus, but I don't know if that is all there is to it," he said. "This entire year SAC has boasted that the UTM commission has had 40 active volunteers and they've said 'oh we've got so many people involved and we want to do this and that.' They kept on bragging and it seemed like there would have been a lot of people running for the positions because of SAC's amazing ability to get so many students involved. But really it amounted to nothing because so few people were willing to step up and take the leadership positions," Mirza said.

SAC's current leader, VP UTM, Gengiz Seyhun, has a different perspective on the situation.

"As far as SAC is concerned, the appearance of a low candidate turn out is kind of misleading. SAC UTM has been creating student leaders all year and that is why you are seeing so many former SAC members involved in campus elections. Some students told me that they didn't want to run solely because they felt that the acclaimed board members were the most qualified for the positions," he said. "The high voter turnout during the governing council and SAC elections make the point that student apathy is on the decline at UTM while participation in the political process is on the rise."

Seyhun conceded that the nomination period was short, but questioned how hard it would be for interested students to gather the mandatory ten signatures to be nominated.

The recently announced ECSU elections saw five of eight positions acclaimed. Kiarash Fatemi was acclaimed to the position of Special Projects Coordinator, Izanda Svilans was acclaimed to the position of College Affairs Commissioner, Vineela Kotharu was acclaimed to the position of Clubs' Commissioner, Warren Wai was acclaimed to the position of Services Coordinator, and Zeeshan Baig was acclaimed to the position of VP Administration. The remaining three positions, President, VP Finance, and Advertising Coordinator each have two or more candidates vying for the position. For more information on the candidates for these positions, please see page six.

Asked about his government's high level of acclamations, Mirza responded:

"ECSU's nomination period was open for two weeks, during which it was advertised in *The Medium*. We put up posters around the school and I really don't know how to spur interest beyond that. A lot of people were encouraged to run but a lot of people are overwhelmed by how much work these positions entail."

Four of seven UTMAC positions were acclaimed, with the other three being elected. Among the four acclaimed positions were such high-level titles as President, VP Administration, VP Finance, and Director of Public Relations. The sole candidates who were put into office for these positions by default are Daniel Raza, Nazia Khan, Sonia Chawla, and Sara Nicholson, respectively.

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Sex Pub packs Blind Duck to capacity

Jello wrestling, tighty whities, and scandalous outfits aplenty at event

BY ADRIAN BAREK

It's common knowledge that sex sells, but if you had any doubts, last Thursday's Sex Pub was proof. Short skirts and sexy shooters were aplenty at the event, hosted by UTM's Sexual Education Centre (S.E.C.). The event packed the pub to capacity by 12:30 a.m., a feat not often accomplished on most student-organized pub nights. Gillian Currie, the office coordinator of S.E.C., spoke about the pub night's success.

"The secret to our successful pub is no secret at all. Sex sells. We (S.E.C.) have an advantage over other clubs throwing a pub night because it's about sex and people are curious," she said. Currie added that a sexy theme is not the only trick to a good pub party. "It's all about word of mouth too. We tell our friends, our classes, and speaking to people we pass on the way to class," she said. "We are also conscious of what goes poorly at other pubs like long waits outside and long lines for drinks. We try to avoid all of these things by selling advanced tickets, having people in line giving out freebies, and setting up satellite bars inside."

Jello wrestling and a 'Tighty Whitey' underwear contest were among the crowd-pleasing festivities taking place on stage. For those concerned with equality, there was a distinctly disproportionate amount of semi-clad men to semi-clad women taking part in the festivities. A grand total of seven brave boys jumped up on stage to strip down to their underwear for the 'Tighty Whitey' contest. By contrast, only two women jumped into the jello tub to wrestle.

While most of the men stripped down to everyday boxers, a few wore decidedly racier underlies. One enthusiastic stripper wore tight short shorts that most closely resembled a disco ball. Another went all out with panties, stockings, and a garter belt.

Clad only in his Corona boxers, Mike Rowley gave two ladies an impromptu lap dance on stage. Apparently he was not behaving himself, as one of the ladies proceeded to give him a spanking.

Sporting colourful bikinis, S.E.C. volunteers Ashley Price and Kyla Perry engaged in a slippery grappling match in an inflatable tub full of jello. Ashley is a veteran jello wrestler, whereas Kyla was making her debut. The pair was evenly matched, and the result could have gone either way, but in the end Kyla emerged on top.

For most Sex Pub partiers, sex was as good a reason as any to party. While sex was the theme of the evening, the aim of Sex Pub was to raise money for a sex-related charity. All proceeds from ticket sales and the jello wrestling raffle will be donated to the Peel HIV/AIDS Network. According to one Sex Pub organizer, the Peel HIV/AIDS Network lost all government funding this year, even though Peel region has the third highest incidence of HIV/AIDS in Canada.

Door prizes of love-handcuffs, candy, and glow sticks were freely distributed to Sex Pub revelers. Those who donated to the jello wrestling raffle were entered into a chance to win prize baskets consisting of chocolate body paint, books on sexuality, and Fukuoku, a small vibrator recommended by Canada's Sexpert, Sue Johanson.

"The night was lots of fun and all for a great cause," David Britton, a fourth year archeology student said. Dom Cantin, a fourth year biology major, expressed similar sentiments.

"I can't remember the whole night, but from what I do remember it was fucking awesome. Everyone seemed to be having a great time. I even saw some jackass drink from the beer taps," she said.

Unfortunately, not everyone on campus was as aroused by Sex Pub as those in attendance. Sex Pub caused a small controversy before it took place. A table set up in the South Building meeting place caused some stir with parents and teenagers touring UTM during the March Break.

The table featured a variety of sex toys, condoms, and a scantily clad mannequin. According to one fourth year UTM leading a tour, the sight did not sit very well with some visitors to campus.

"The Sex Pub table was entirely inappropriate. Given the quantity of high school students and their parents walking around the campus, it was tacky, in poor taste, and entirely unnecessary to have a display of sex toys out like that," the tour leader said. "I overheard at least three sets of parents who not only questioned the appropriate nature of the table, but also questioned whether or not they would allow their children to attend a school that freely promoted sex in that manner." The tour leader declined to give her name, but offered up much opinion on the matter.

"From a parental standpoint, sex is a difficult subject to broach with teenagers, and having it essentially thrown in your face as you contemplate sending your child out into the world can be daunting. It was extremely callous and thoughtless of the S.E.C. to not take that into consideration" she said.

The former Director of S.E.C., Ashley Price, had a lot to say about the Sex Pub table and the parental reactions.

"I think it's a shame that parents feel they need to hide their kids from reality. Hiding them from sex will not protect them. It will make them more vulnerable and ignorant when the issues of sex and sexuality are brought up," she said. "When kids come to university they will be exposed to sex. If I were a parent, I would want my child to go to a university that has open minded students running a sex-ed centre so that if my child chooses to have sex, they have a place to go for free condoms, free information, free advice and support. They can learn to protect themselves from the reality of the world and safely acknowledge that sex and sexuality are a part of life."

Price also noted that one of the organizers of the March Break tours approached the Sex Pub table on two separate occasions to commend and encourage the S.E.C. team on their work at spreading sexual awareness.

Question of the week

"If you could be any super hero, who would it be and why?"

Matt and Mitch,
2nd year politics
and geography

"The ambiguously gay duo 'cuz it's a good excuse to wear tights and pimping the ladies on the dance floor while doing our bat dance!"

Jean Grey,
because she can read into
people's minds, is mysterious, and
grabs people's attention...and also,
she's hot!"

Megha Sawhney,
1st year
art & art history

Renee Quan,
2nd year biological
anthropology

"I'd be Sailor Moon. She gets to save the world, along with getting her prince charming . . . and besides, she can kick ass in a mini-skirt!"

Jasper (Clark Kent) Seto
5th year of an
undecided major

"Superman so I could get with that honey Kristin Kreuk, I mean Lana Lang. Or the Iceman 'cuz I'm ice cold!"

photos/Jimmy Chen

How to Avoid Exams

- Take a nude trip to Nunavut
- Read *The Medium* cover to cover
- Bungee jump with no bungee cord
- Sneeze until your brain implodes
- Read *The Medium* cover to cover
- Go to the ACC wearing Senator's gear
- Drink a whole bottle of 75% rum
- Read *The Medium* cover to cover

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University still hopeful for stadium

continued from front

Leafs.

The Argos are under new ownership and recovering from bankruptcy. The new owners have openly stated that they are searching for a new venue for the cash-strapped CFL franchise to play at. Currently they play their games at the 50,000 plus seat Skydome, which is very expensive and rarely filled to capacity.

The Argos also use several parts of UTM during their Spring and Summer

training sessions. They pay money to the school for use of the South Field, a parking lot, trailer offices, use of the athletic centre, and occupation of residence for their players. The Argos have stated that when a deal for a new stadium is reached, they will move their training sessions and no longer use UTM.

The university has been exploring a variety of options to finance the construction of a new stadium to replace

the demolished Varsity Stadium. In 2002, U of T students voted against a proposed levy to fund the stadium. The levy was similar to one recently passed at UTM that will see student money contribute to the construction and operation of the planned athletic centre. The Varsity levy was decided by a campus-wide referendum that gave every U of T student a chance to vote where as the UTM levy was decided by six student leaders.



photo/Kris Hauch

The site of the former Varsity Arena as seen from Bloor Street. The building to the left is Varsity Arena, which the university hopes to incorporate into a new site.

Campus Police Reports

March 5 to March 19, 2004

March 5/04 @ 1:15 p.m.

Parking dispute

A profane note was left on a windshield of a car. The writer was upset over how the note recipient was parked.

March 7/04 @ 3:30 a.m.

Harassing phone calls

Repeated phone calls were made to a residence. The person responsible was located and spoken with by University Police.

March 7/04 @ 9:30 a.m.

Suspicious vehicle

University Police were alerted to a parked vehicle whose driver was being investigated for making false insurance claims.

March 8/04 @ 8:20 p.m.

Hazardous parking

A flat bed trailer left on the roadway by Lot 9 was removed. University Police had concerns for vehicular traffic in that area.

March 9/04 - Time unknown

Mischief under \$5000

Toilet paper was strewn over the UTM welcome sign. Grounds Services cleaned up the mess.

March 9/04 @ 9:00 a.m.

Theft under \$5000

A graduate student reported the theft of personal property from her office. Two walkie talkies were taken.

March 9/04 @ 11:06 a.m.

Mischief under \$5000/ Fire hazard

Housing services reported to University Police an act of mischief. Someone had ripped apart a telephone book and placed it in a dryer.

March 10/04 @ 12:22 a.m.

Operating a vehicle while impaired

A non-community member was arrested by University Police for being in care and control of a vehicle while intoxicated. The man was charged for being drunk in a public place.

March 11/04 @ 9:10 a.m.

Disruptive behavior

University Police investigated a woman who attended an office and

argued with a staff member.

March 11/04 @ 10:15 a.m.

Verbal dispute

University Police investigated a verbal dispute between a man and a woman. The parties were cautioned. The male party was not a student and he has been banned from returning to campus.

March 16/04 @ 2:30 p.m.

Motor Vehicle Accident

Report of a minor single vehicle accident. Due to weather conditions, the driver struck a curb, subsequently damaging the vehicle's tire and rim.

March 16/04 @ 11:00 p.m.

Disruptive Behaviour

Report of disruptive behaviour between two students. Investigation is continuing.

March 19/04 @ 1:36 a.m.

Intoxicated in a public place

Report of an intoxicated male. Upon arrival of University Police, it was determined to transport the male to hospital for further medical assistance.

SAC swept by Unity

continued from front

"When the campaign was going on for the SAC elections, I didn't see any of the Unity candidates on the UTM campus except for Moneeza," Mirza said. "I don't think they care about UTM or the issues we face here. I find that very discouraging," he said. He went on to command the Building Bridges ticket, who did not get elected to any executive positions..

"In regards to the Building Bridges individuals, I met every single candidate on that ticket. I felt they had some good things to say and I think they would have done an amazing job if they had been elected. And that is why it is so unfortunate that they were not elected," Mirza said.

Not everyone is enthusiastic about the Unity victory. ECSU President, Adil F. Mirza, was of the opinion that the election was not properly carried out.

"I question the legitimacy of their win and I think the elections were poorly managed," Mirza said. "I don't think the SAC elections committee did a good job of creating a fair environment for the candidates to run in," he said. Mirza also expressed disappointment that Unity candidates from the St. George campus did very little campaigning at UTM.

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EDITORIAL

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Webmaster • Zarar Siddiqi

EDITORIAL

It's shocking that five positions have been acclaimed with the Erindale College Student Union (ECSU). We all know that student apathy is a problem at UTM, but I thought more students would be enticed to join an organization with great benefits. I mean, they are by far the best paid party planners in the city; they don't have to pay cover or wait in line-up's at the pub and the duties are very minimal – that's if you enjoy spending your evenings making colorful banners and posters with magic markers and kindergarten paint. I guess we're a little bitter at the Medium that we haven't been fed free pizza or given special treats. Remember Student Appreciation Days? Because we certainly do.

So now there's a new group of people who want to create fun and excitement for UTM students and they are seeking your support. Profiles for candidates and acclaimed positions for ECSU 2004-2005 are showcased on pages six and seven. All candidates were given a 250-word limit to promote themselves during their campaigning period.

Both candidates running for Adil Mirza's presidency seat have experience with ECSU, but they both failed to address major issues at UTM. They both presented wishy-washy ideas, without offering a solid commitment to the voters. The pub continues to be a prominent issue for both candidates. Eric Palmitesta and Nadine Chandoo (candidates for VP Finance) also want to make significant changes to the pub. Palmitesta wants to improve relations with pub staff and Chandoo wants to revitalize the pub both socially and financially. Although candidate Domenic Lee doesn't offer any goals if elected, he's campaigning on the promise that 'I Give A Damn.'

Only two candidates are running for Advertising Coordinator – Dana Kawar and Amanda Walker. Although it may be the easiest job on ECSU, it's perhaps the most stressful. I lost count after the third Advertising Coordinator left the team.

The All Candidates Debate will be held on March 25. Here's your chance to meet those who want to change your experience at UTM.

Student leaders forming a clique?

Dear Editor,

constituents to attend the debate. And now she's been elected to represent UTM students.

As Robin pointed out in his opinion piece last week, it is very troubling that all the people who have won or been acclaimed thus far in the SAC and UTMAC elections are from the SAC UTM commission. I certainly would not want our student leaders to be one big clique.

UTM does not need one student leader to make all the decisions, and be surrounded by 'yes-men'. I believe that we need differing perspectives in order to encourage healthy debate and discussion.

For these reasons I implore everyone to get involved and question our future student 'leaders'. They are here to work for the students at UTM, and represent the best interests of ALL students at our campus.

Get informed and decide for yourself who is the most qualified person to represent YOU!!!

Warmest regards,
Adil F. Mirza

The Medium is published weekly by Medium II Publications, a non-profit, incorporated student organization. The opinions expressed within are those of the writers and editors and do not necessarily reflect those of Medium II Publications. **The Medium's** mandate includes informing students of local and national concerns, and giving Erindale College students an opportunity to practice journalism. Headache courtesy of Two Babes and A Bus event on Saturday Night.

oh fuck I just wrote a reply up. I'm very sorry. I know what a bummer people call your cell phone for half-filled reasons, just put off the phone with a phone and remain me depth and richness here at the office. mohamed and i like to tell off each other and just write. depth presents out that everyone is gonna get a lay of 10% adrian until in wondering why there's so many people here at the office. mohamed and i are discussing phone. this is their conversation. shh. shh. shh. happy new year mohamed. just don't go showing anyone. mohamed is mentioning adrian's pub performance. adrian wants mohamed to open his lips like he does for darryl. adrian drives like a girl. johanna and her bike just arrived. adrian hopes his relationship isn't that he's gay. adrian is tired of the stupid bitch saying darryl. johanna and adrian are having a debate over the vitamins the sun provides. adrian uses salvia selectively to masturbate. i though darryl used it as an air freshener. darryl likes mohamed. sometimes you can't help him. adrian wants darryl and mohamed to get wrecks to settle their differences. i can stand alone more. break even. it can become a singer. adrian and adil had sex and experiences playing jst. who wins?

Unity blasts the competition in SAC elections.

YAY!!

OH SHIT!
WE STILL NEED
TO CROSS THAT
BRIDGE!

EFG

Voter apathy contributes to shady politics

Dear Editor,

I'm writing in regards to the two letters in last week's Medium – Shady politics in our own backyard and Time for a new process. Although I'm run-down trying to fill three leadership spots at UTM, I feel it is fulfilling and worthwhile of my time. I find it frustrating when I am trying to be in four places at once – programming, networking, and communicating to various groups, and a student comes up to me and says, "There's never anything to do on this campus." The level of dissatisfaction with student organizations and student leadership is on the rise. This year, our mandate at UTMA was to increase student involvement and beat the reigning tradition of student apathy. Clearly it is an uphill battle, as shown by our recent acclamations for the 2004-2005 council.

The writer (Time for a new process) asks whether student politics is necessary anymore. I would say yes. With the globalization trend that has been brought about by the Internet, student activism and student involvement is much easier than it was 20 or 30 years ago. The 8,000 students at UTM deserve an organized voice. The second question raised was

that candidates who are victorious based on ethnicity or religion are not representative of the entire student body. This is likely true; however the candidate is victorious based on the fact that the majority of people who voted were perhaps of this commonality. Candidates of whichever persuasion do not win because of their religion; they win because people who object to this candidate do not vote. So as a result, the candidate does represent the majority of students... who voted.

The second article on Shady politics sites UTMAC as using a "shaky election process" that was explained as an "exhaustingly long nomination period of three days and one tiny ad in the Medium". I'll correct the author to say that UTMAC had a full business week of nomination packages available with numerous posters around the school, and at our office near the bookstore (a high traffic area). If the author perceives this as being "shaky" in terms of a timeline, how long is long enough? An election by itself takes 4-5 weeks to complete.

This year UTMAC wanted to make sure that it had sufficient time to introduce the 2004-2005 council to the rules and regulations of the job, continuing the commun-

ication that we have built these past few years. So how can we do that and still run a "long enough" campaign period? I am in no way affiliated with SAC, or SAC's agenda, however if it was true that key positions were being filled by SAC commission reps uncontested, perhaps that says something about who SAC attracts: motivated students who want to make a difference.

UTMAC's 2004-2005 council were democratically elected, and yes it was an electoral process. You cannot force someone to run for a position, and there is nothing you can do when only one person picks up a nomination for that position. We did not take any choice away; there was no choice to begin with. If the entire student body thought as these authors did, I'm sure we would have more than 80 per cent voter turnout. I appreciate the efforts and the rage, but do not shame SAC or UTMAC for a faulty election process, shame the student body for not caring as much as you do.

Dave Hamilton
UTMAC President / VP Finance
UTM Residence Don

Students do not care about elections

Dear Editor,

Let's get straight to the point (Shady politics in our backyard/The Medium/Issue 23/Volume 30). I completely disagree with last week's comments about shady politics, and how the voting process on campus ought to be changed. Why? Simply because there is a democracy taking place, and everyone has an opportunity and a free choice to run for a position or not.

Can we attribute fault to those who ran for a SAC or UTMAC position, and the result was an uncontested acclamation? Whose fault is it when students who have the opportunity to run for a position freely choose not to?

You're kidding yourself if you think it's some sort of conspiracy. Here's the fact of the matter. Some stu-

dents opted to run for a position. Chance alone resulted in no one else running for the same position, thereby resulting in an acclamation. End of story. Perhaps you'd rather entertain the possibility of some sort of dictatorship where people are hand-picked for a position. That, however, is not the case, and I hope it has become quite apparent by now.

My last point will touch on the "use of voter apathy by individuals of special interest groups to elect individuals". Honestly, what is being insinuated here? Whose fault is it if a person asks large clubs on campus for support? It is part of the electoral process to line up as many potential nominations as a person can. It is not the fault of the candidate if people with "other" opinions do not care to vote. Heck, if you don't like one candidate, vote for

another one. Heck, if you don't like any of them, perhaps you won't vote at all. Now this is the real problem. Not misrepresentation or some sort of conspiracy.

The fact is, most students don't seem to care. There is no other way to explain it. For example, no one shows up to the SAC candidates forums because either a) they're busy with something else or b) they don't care. I'll be the first to admit that I didn't care to go (I'm graduating, sorry). Heck, most people won't even care to read this little blurb in the Medium. People don't care, and that's the problem. If you want a solution, fix this problem, and please don't tell me that democracy (or the lack of it?) is the problem, because it's not.

Baieruss Trinos

Letters Policy

Letters to the editor will be edited for spelling, grammar, style and coherence.

Letters will not exceed 500 words in print.

Letters that incite hatred, violence or letters that are racist, homophobic, sexist, or libelous, will not be published. Letters reflect opinions of the writers, and do not necessarily reflect the opinions of the Editor-in-chief, the editorial board or The Medium's Board of Directors. In other words, just because its printed, it doesn't mean we agree with it.

Submission does not guarantee publication. Submission of a letter presumes the writer has read and agrees with this policy. Please submit letters on disk or email medium@canada.com



LETTERS/OPINION

VIBE battles back over event

Dear Editor,

This letter is in response to last week's editorial concerning the band Epsilon by Mr. Dickinson (VIBE at fault for underage participants). This individual appears to believe that VIBE tried to sabotage its own Battle of the Bands event and that the station holds some kind of vendetta towards this band. Well, it's time to set the record straight.

VIBE held auditions on Feb. 13 for the annual Battle of the Bands event. We advertised these auditions with multiple copies of one poster that read: "entries must be +19 or have a pub entry card." VIBE drew up a performance agreement for the audition in which all bands, including Epsilon, signed on Feb. 13. This agreement stated that "myself and my band members must be able to prove that we are 19 (or over)." Considering this, it is fair to say that not only are we implying Epsilon lied, we are stating that with full resolution.

Dickinson is of the opinion that "it was obviously not explained properly." Did VIBE assume the drummer was 19? No, that's what a contract is for, and that is why we had one. So instead of assuming "that performers were allowed to be underage," try reading what you sign. As for not

making it verbally clear, VIBE felt that the contract, the statement on the posters, and the dozen e-mails – each with a reminder of the policy, were redundant enough. Perhaps Epsilon should hire themselves a babysitter to make things "verbally clear" for them.

The question was asked if VIBE knowingly mislead the bands. Generally, it is not our habit to impair our own events. Clearly we can rely on bands like Epsilon to do that for us. There were no favors made to VIBE and to say that Epsilon sold 30 per cent of tickets is a wild exaggeration and one that our records could easily discredit. To add insult to injury, Epsilon did not sell the most tickets for VIBE, as they seem to think - Linear North did.

VIBE apologizes if a damper was put on the gratitude for the money Epsilon "earned." But you see our intention was to have the bands that were selling tickets to actually perform. Had Epsilon not been so overtly dishonest, VIBE would have been able to select another more deserving band from the auditions to sell tickets and perform. On top of this lost opportunity, the Blind Duck would have made more money on bar sales had a legitimately adult band been selected to draw their fans (adults) to

the event. Epsilon should be relieved that VIBE "had no problem" disqualifying them..

As for the show starting late, just ask the Blind Duck Pub staff about that. They had to chase down and eject all the minors that had been misled by the band.

We commend the Pub for their efforts and also for their commitment to responsible provision of alcohol. One member of Epsilon actually sent his father to speak to a VIBE manager about making special exceptions for his son. (VIBE does not have the authority to make such exceptions. The University sets the policies, and the Pub is obligated to carry them out).

VIBE agrees that it would have been nice if a UTM band had won the event, and it is a shame that a UTM band (i.e. Epsilon) could not have represented UTM with more integrity.

Your underhanded tactics and general dishonesty will not serve you well in the real world. VIBE would finally like to convey sympathy to the fans of Epsilon that were let down by the band.

Regards,
VIBE Management

Dear Editor,

This is in response to Shady politics in our own backyard (*The Medium/Issue 23/Volume 30*). I don't know what is worse, the author's ignorance of the claims he states as facts, or the notion that a student conspiracy is engulfing student life. Goodfellow is correct that an overwhelming number of student government positions received acclamations, however his accusations are completely unjustified. It's sad that people who run for elections are criticized for being acclaimed to their positions, while those who don't run are not criticized for allowing that to happen. Where was Goodfellow during the nomination periods and why didn't he run? UTMAC advertised its elections two weeks before the opening of nominations in *the Medium* among other places – this is what Goodfellow would refer to as a "shaky electoral process."

If UTMAC was the only council to have such a high percentage of acclamations while other council elections had immense competition, then I would agree that something is not right. However, in addition to UTMAC's acclaimed positions, all the Board of Directors for SAC went uncontested (with one spot still open), half of ECSU will be filled by acclaimed positions next year, and both the President and VP for Rez Council had zero competition. How can this be anything but student apathy? The UTMAC elections closed with a mere total of 213 votes, that's less than three percent of the student population

deciding student leaders for everyone else. This is what needs to be criticized. Students are not politically active, not that their democratic rights are being stripped from them or that certain students are trying to take over UTM.

Are acclamations acts of dictatorship on the part of student leaders, or the result of a student body that complains too much but does too little? I think the author failed to realize why so many positions were acclaimed as a result of student apathy. Instead he tried too hard to prove how "rotten" SAC and UTMAC are. To me, Robin Goodfellow's article seemed more like a personal vendetta than a personal opinion. I give no credibility to a journalist irresponsible enough to mislead readers with false information. Goodfellow is trying to create a cult of the UTM SAC commission, stating that everyone on it thinks alike and excludes those that disagree. Not only that, but Goodfellow claims that most of those running in elections come from the UTM SAC commission. Look at next year's potential UTMAC, ECSU and Rez Council members, only a handful sit on the SAC commission. But why is this even an issue, why wouldn't we want informed and involved students taking on leadership roles? If Goodfellow's view is not allowing students already involved in university politics to run for leadership positions, then I think he should look to advocating other things and not democracy.

Danial Raza
A concerned student

ECSU ELECTIONS - ACCLAIMED POSITIONS

ECSU 2004-2005 From the CRO and DRO ...

ECSU Elections will be held on March 31 and April 1. On these two days, you the full time students of UTM will vote to decide your leaders on ECSU for the 2004-2005 year.

It is important that you know the issues before you utilize your right to vote. In order for the students to gain knowledge about the candidates for the ECSU Election, an All Candidates Forum will take place in the Blind Duck Pub located in the Student Centre on Thursday, March 25 from 11 a.m. to 1 p.m. This is your chance to voice your questions and concerns to the people who may be your future leaders. It is your chance to listen to the issues.

Please come out to the Forum and Use your right to Vote.

Amy Richardson CRO
Thomas Krebs DRO



Clubs' Commissioner
Vineela Kotharu

Greetings UTM!

For those of you who don't know me, I am Vineela Kotharu, second year Psychology student here at UTM. As your relatively newly acclaimed Clubs Commissioner on ECSU for the upcoming 2004-2005, I am pleased to introduce myself. As a council member, I will be responsible for maintaining student clubs, assisting in moderating club events, and spreading student awareness. Clubs and student life are excellent ways to meet people, forge friendships, and make most of your school year. I encourage those of you interested in starting clubs and becoming involved to please do so. I will stay committed to informing you about the events, services, and all the great stuff we have to offer you here at UTM. We host a great multicultural environment in our facility, and I urge you to share some of your amazing ideas with me to make the most of our resources. My main goal for the year to come will be to increase club funding, and promoting awareness of clubs. I promise to make sure that events are held regularly and that your voices are being heard when I go to the board. If you know of other things that you think I should be doing, you are always welcome to approach me. I hope you are all prepared for the greatest year ever...I am!!



VP Administration
Zeeshan Baig

College Affairs Izanda Svilans

My name is Izanda Svilans, and I am pleased to be running for the position of College Affairs Commissioner on the ECSU Board of Directors.

I am currently enrolled as a full-time Forensic Science/Chemistry major here at UTM. In addition to my studies, I have taken an interest in events outside of the classroom, especially those centred around issues involving students. As a volunteer through SAC, I have helped to bring many interesting and educational events to UTM, such as the book exchange, Winterfest, and the income tax clinic. As well, I have been to QSS and

Governing Council meetings in order to try to give students a say in the construction of the new Wellness Centre. As College Affairs Commissioner, I would continue the battle for lower tuition fees, together with all members of SAC and ECSU. I want to ensure at least one student voice on each academic council, which at the present have none.

As for the pub, it definitely needs a facelift, and with a vibrant, unified group at ECSU, I will work for better events, better food and better rules at the pub.

I am prepared to work hard on behalf of students, and I would welcome any questions or comments or even complaints that you may have.

As a student leader, it is my responsibility to address all of your issues as best as I can.

Special Projects Kiarash Fatemi

Hi, I'm Kiarash Fatemi and I am running for Special Projects Director on ECSU. I am in second year CCIT and I'm planning on doing a double major with fine arts. I am a very social and humorous person and have recently become significantly involved in school activities. Some of you might know me from my presence on the Style and Profyle Executive Council this year. I served as the Promotional Director for Style and Profyle and ran the two successful La Rouge nights that took place

this semester. I am also helping with this year's Fashion Show which is being run by Style and Profyle and EFS. I am currently the Commercial Producer for this year's Fashion Show. If I am elected I plan on making the pubs at school a blast for everyone who is on and off campus. I plan on working with campus teams such as UTEAM and other social clubs to promote and help make the pubs more enthusiastic. Furthermore, I will make sure to bring more special events for the students on residence to improve school spirit. Thank you.

Editor's Note: The position of Services Coordinator was acclaimed by Warren Wai

**Resume & Cover Letter Critiques: Wed Mar 24, 10:00-1:00; Tues Mar 30, 10:00-4:00.
Now That I'm Graduating, What's Next? Tues Mar 23, 5:00-6:00; Thurs Mar 25, 10:00-11:00.
Early Teacher Program (ETP@UTM) Info Session: Thursday, March 25, 12:00-1:00, KN130.
Summer Job Search Workshop: Friday, March 26, 11:00-12:00. Sign up online!**

**Unsure about your career direction? Wonder how your academic major relates to work following graduation?
The Career Centre can help you with these concerns. Whatever year you're in at UTM, you can take action now to prepare for your career. It's never too early; it's never too late. Drop in for a visit. We're in SE3094.**

CAREER CENTRE @ UTM www.utm.utoronto.ca/careers





Candidate Sean O'Connell for President



Candidate Jason Borchenko for President

Good day to all students of UTM, and if you are not having a good day come and see me. I have spent the last 3 years of my time here ensuring that YOU receive the best university experience possible. From networking with clubs as the ECSU Clubs Commissioner in 2001-02, to the double shot of the budget crunching VP Finance of 2002-03 and 2003-04. And now I want to be YOUR President.

I believe that trust and accountability is important to UTM students. You have trusted me for the past 3 years and I have confirmed that trust, reliability, and honesty time and time again. ECSU is not without its internal challenges, I have dealt with them but would like the opportunity to change them. As President I would propose a new constitution that is clear and holds ECSU more accountable, ensuring transparency. I would create new positions so that the council is more representative of the growing population of our campus. I have worked hard to gain ECSU the ability to run the kitchen at the Blind Duck Pub and am prepared for the future challenges that are involved. I will use my past experience on ECSU to provide new and great leadership to the upcoming ECSU Board.

When you vote Sean O'Connell for President you know are getting loyalty, experience, and accountability. It's time to step it up to a whole new level.

Vote Sean O'Connell for ECSU President

My name is Jason Borchenko and I am running for president.

I have served as special projects director for ECSU. I have sat on the Erindale College Council, the Academic Affairs Committee, the SAC commission, the ECSU board, study space committee, transit committee, SAP unit and UTeaM as well as actively participated in multiple QSS and SLAM meetings. One of the leading instigators of personal advertising on residence, I have consistently looked for new and effective ways of advertising the pub in order to create successful events. That's the past though and what I'm standing for today is change. I want the change to start with ECSU showing students where they spend over a hundred thousand dollars you entrust us with each year. I want it to continue by ECSU realizing that the pub needs to change on this campus, and DOING something about it. I don't want ECSU's events to all coincidentally happen inside the student center, we represent the whole campus and should be active over the entire campus. The students are first on every student organizations books so let's act that way and work together.

ECSU should realize that some of the most vibrant life on this campus comes from the clubs, and support them accordingly with a fund specifically designated for clubs use only. ECSU should realize the vital importance of making Frosh week both affordable and enjoyable. For all these reasons there is no better time than now for change.



Candidate Domenic Lee for VP Finance

**IT'S THAT TIME AGAIN!!
WHATSSSSSSSSSSSSSS UP!!!!!!**

Hello UTM Folks!!!

My name is Dominic Lee. I am running for next year's ECSU VP Finance.

I am a first year business student. Currently, I am affiliated with numerous student organizations including; SMA; EPUS; UEC and Res Council. The experience I have gained would definitely prepare me for the Finance position next year. But the MAIN reason that motivates me to apply for this job is because I GIVE a damn! And If you care about the welfare and best interests of the UTM students too. Then please vote for ME as your VP finance.

Thank You

When???: March 31 (Wednesday) & April 1 (Thursday)

Where???: In South Building and North Building

SEE YA THERE!!

My name is Eric Palmitesta, and I'm running for ECSU VP of Finance this year.

Seeing as this position deals largely with the budgeting of ECSU and the pub, some of my relevant background info entails: managing the Arts Festival equipment budget for two years running, along with this year's Coffeehouse at the Coleman Lounge. I've also worked as the pub night cook (employed by Aramark), and therefore have an excellent working relationship with the pub manager Maxine and her staff. Considering that ECSU will soon be assuming control of the pub's food service, I believe that my understanding of the operations within the kitchen will be an essential asset for next year, as Aramark's contract is being terminated in May.

Some of my intended future projects include a mini tuck-shop where residence students can purchase essentials (soap, deodorant, toilet paper, etc) on campus, instead of having to hop on a bus (or go bug their neighbors).

I was a residence student last year, and I know how frustrating it can be not to have a nearby convenience store. I'd also like to increase the accountability of ECSU's budget by displaying it online. In addition, I would like to maximize ECSU's online presence by allowing students to purchase lockers, interact with a used bookstore, and post housing advertisements from the ECSU website. I invite you to attend the candidate open forums on Thursday, March 25 in the Student Centre if you have any questions.

Cheers!

Hi! I am a third year student pursuing a double major in CCIT and French. I stand for equality, diversity and aim to foster an environment of co-operation and strong communication channels between all student unions at UTM & St-George. Let's be honest: the pub needs a complete overhaul and I plan to revitalize the pub financially and socially. As the current president of Caribbean Connections, a prominent student organization, I have gained experience in planning numerous successful events. I am fully aware of the difficulty of running events in the pub and will guarantee that the cost and stress value of doing so will decrease, making it a user-friendly environment for both student organizations and students.

Financially, I will review the club pub rental fee and create a funding policy where ECSU sets aside money for clubs to run events in the pub. I plan to work with the Student Center Management Board to renovate the student centre and increase study space for students by keeping the pub open for longer hours such as during exam period.

I hope to create a new menu for the pub and ensure that the revenue gained from the food is reinvested in the pub, not the administration or Aramark. Most importantly, I will ensure that there is accountability and transparency for the budget on a regular basis, not annually as it currently is, in hopes of shedding the veil of secrecy ECSU is infamous for.

I look forward to your support!



Candidate Nadine Chandoor for VP Finance



Candidate Dana Kawar for Advertising Coordinator

Hello my name is Dana Kawar and I am currently one of the two Co Advertising Directors of ECSU. I am presently a first year student at UTM and have been volunteering for ECSU since I got here, talk about involved. As a volunteer, I helped advertise for some of the most successful Pubs of this school year. Although I was not yet an ECSU member, I was still spending hours a day volunteering, making posters, flyers, tickets, and banners for ECSU events. I was even pulling all nighters in the ECSU office to assist with last minute advertising.

On top of volunteering with ECSU, I have been an enthusiastic and devoted member of residence. As a member of the Global Perspectives Living Learning Community, I have volunteered hours of my time attending and helping out with residence events.

I also headed, helped choreograph, and took part in the Global Perspectives dance at the Coffee House held earlier this year. Additionally, I have also volunteered my time with Uteam and clubs such as Style and Profile. The Advertising Director position as ECSU is plagued by a lack of commitment which I will obviously rectify. Once elected, I will ensure that all events are well publicized in new and interesting ways, as well as marketed to each and every student.

My dedication and experience within this position along with my artistic abilities, leadership skills, imagination, and love for the job would make me the perfect Candidate for ECSU Advertising Director.

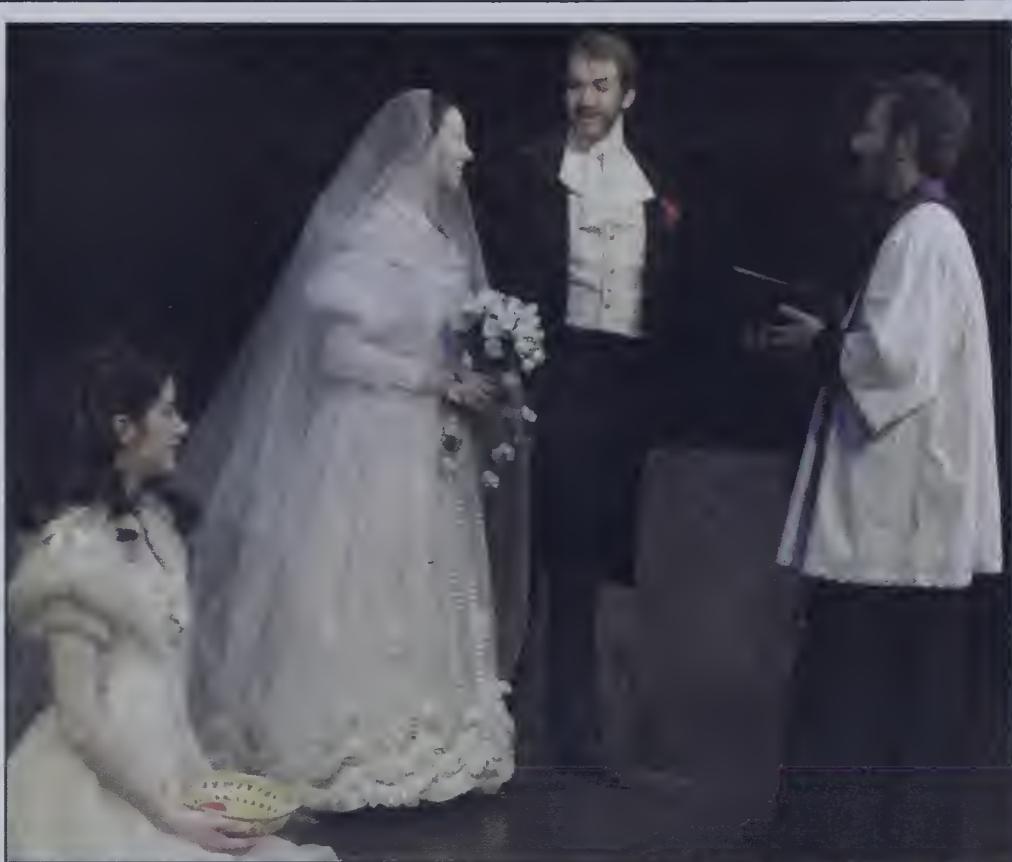
Hi, my name is Amanda Walker and I am running for the position of advertising director in the upcoming ECSU elections. I want to start by telling you a little about myself. I am currently a second year life science student, with hopes of achieving a specialist in biology. This year I have acted as advertising director on Mosaic, a multicultural club that is new to the school this year. While on Mosaic I created advertising for all of their special events, including a pub night called 'Indulge'. I was also a frosh leader, and have recently joined UTeam, SAC's external ministry of promotions, where I helped to create flyers for the 'SAC Gives Back' night that was held recently at the pub.

If I am elected for ECSU I hope to help unite all of the councils at UTM because I believe that by working together more can be accomplished and students will benefit from this. As well, I will work to better promote any special events presented by ECSU and keep students better informed of what ECSU is doing. I think that it is of utmost importance for students to know what is happening at their school.

The idea of being on ECSU is an exciting one for me. It is something that I have wanted to do since my first days at Erindale. I promise that if I am elected for advertising director I will work my hardest to do what needs to be done. Please make sure that you have your say by voting in the ECSU elections.

Candidate Amanda Walker for Advertising Coordinator

ARTS & ENTERTAINMENT



photo/James W. Smagata

T.E. ends season with a classic

By Marina Sigareva

Theatre Erindale's last offering for this season, *Jane Eyre*, is a grandiose and vast production. Director Ralph Small very successfully weaves the acting talents of 16 second, third, and fourth year UTM Theatre and Drama Studies students to create a fantastic three hour play.

Jane Eyre, playwright Robert Johanson's adaptation of the classic Charlotte Brontë novel, follows plain Jane as she grows into a heroine. Orphaned, and disliked by the only family she knows, Jane goes willingly to tough Lowood School. Here, she meets Miss Temple and Helen Burns, who give Jane her first taste of friendship. Jane grows at Lowood, and becomes a teacher there. Soon after, she decides to become a governess, and leaves for Thornfield estate.

There, Jane meets Mr. Edward Rochester, and thus *Jane Eyre* turns into a love story. But the plot is not without its many surprises or dangers. The play keeps audiences not familiar with the Gothic novel enraptured. And for those familiar with the story, Theatre Erindale's adaptation still holds the viewer

mesmerized and entertained. There appear at least forty characters throughout the play, all of whom look spectacular in Joanne Massingham's period costumes (the action takes place around 1847).

Overall, the production contains many nuances, subtleties, and details which add much humour. But the performances really give *Jane Eyre* vivacity.

Zoe Sweet as Jane Eyre holds herself regally, a true heroine to the core. Sweet commands a precise use of facial expressions and movement. Although we watch her for three hours, she never allows her force to waver.

Jane Eyre's true love is Mr. Edward Rochester (Mark Crawford). Sweet and Crawford's chemistry is undeniable from the start. Crawford manages to make his character silly and sincere, humble and extravagant. He has great comedic timing, and the scenes with him in it are some of the best.

Since the play contains so many personages, actors take on multiple roles. The most memorable are Zenya Mokriy (she plays Miss Temple, and Mr. Rochester's future fiancé Blanche Ingram, among others)

and Laura Jeanne Wicksted (as Helen Burns, and Rosamund Oliver). They are utterly transformed with wigs, costumes, and a change of movement.

Elisa Nobrega plays Jane's maid Bessie. She has one of the best accents of anyone in the cast. And Steven Boleantu makes startling transformations from Mr. Rochester's acquaintance from the West Indies, Richard Mason, to Jane's pious cousin St. John Rivers. Regrettably, Mrs. Fairfax, the housekeeper at Thornfield (April King) starts to speak like a Southern belle just as the play ends.

The entire cast keeps the pace quick and the action exciting. No small feat, considering the length of the play and complexity of the staging.

Jane Eyre celebrates love and life, and UTM theatre students' hard work. Support your classmates, and support theatre.

Jane Eyre runs to March 27, 2004. Call the Erindale Studio Theatre Box Office at 905-569-4369 or visit www.utm.utoronto.ca/academic/theatre.

The ride down Mt. Morgan investigates real-life emotions

BIRDLAND THEATRE
MARCH | APRIL 2004

THE RIDE
DOWN MT. MORGAN

BY ARTHUR MILLER

By Marina Sigareva

Lyman Felt took a ride down icy Mount Morgan in his luxury sports car, and his life unraveled. As Lyman lies in his hospital bed, Arthur Miller's ingenious script produces two wives.

Both must cope not only with his accident, but with the knowledge they aren't the sole Mrs. Felt. Miller brings up the issue of bigamy, among other things, in *The Ride Down Mt. Morgan*. The successful businessman Lyman Felt has everything, including two wives. After the accident, both first wife Theo Felt (Kate Trotter) and Leah (Zorana Kydd) come to the hospital and meet. Meanwhile, Lyman sees delirious, delusional thoughts, and proceeds to reminisce about both relationships.

Miller's script seems flawless. It

possesses the right amount of wit, irony, humour, and great storytelling, coupled with an intriguing plot, and is worth reading on its own.

But while this production is based on an awesome script, written by one of the best playwrights of the past century, many actor's performances hinder the piece. Nurse Logan (Marium Carwell) quickly becomes predictable through her physicality. Her only memorable part occurs when she sits still to tell Lyman a story.

Lyman's second, and younger, wife Leah (Zorana Kydd) keeps flinging her hands around. Kydd looks uncomfortable. And Leah's personal history or real feelings never come together fluidly to show the entire scope of what could have been a more detailed character.

Trotter gives a convincing performance, albeit her looks make her too youthful for the role of Lyman's serious and aristocratic first wife. Ron White, as Lyman Felt, steals the night. His funny antics and honest distress capture the audience right away.

The highlights of *The Ride Down Mt. Morgan* are the flashback sequences, when characters remember past instances of what appeared to be love. And Lyman's lewd fantasies of living with two sexy wives at once. During these moments, the play becomes surreal and abstract, and hugely fascinating.

The *Ride Down Mt. Morgan* is worth it, but only if you pay more attention to what is said, than who is saying it, and how. The play wonderfully asks the viewer to consider the meanings of love, marriage, monogamy, and social expectations.

The *Ride Down Mt. Morgan* continues at Berkeley Street Theatre until Saturday, April 3, 2004.

ANONYMOUS BY NICK MAANDAG '04



—UTMAC—

PRESENTS

37th ANNUAL ATHLETIC BANQUET

— Great Prizes - Dinner - Dance —



**Friday April 2, 2004 at
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**Cocktails at 6:30 pm
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office Rm. 1114A (South Building)***

Creative duo Loeb and Lee brings Batman to life

By Jason Marsh Larouche

The "detective" has been put back into the *Dark Knight Detective* in Jeph Loeb and Jim Lee's masterstroke called *Batman: Hush*, a twelve-issue plot now divided into two hardcover volumes.

As Dr. Meredith Howey, my Detective Fiction instructor, can attest, the story has elements traditionally associated with the genre: misdirection, clues, and, of course, mystery. What starts out as a simple rescue operation of a kidnapped boy becomes much more than Batman realizes. It is the catalyst of a chain of events that rocks the very foundation of his world, pitting him against his deadliest adversaries and putting him at odds with those he trusts.

Two silver linings, however, show through the darkness for both his costumed and civilian personas. As Bruce Wayne, he welcomes back a childhood friend, Thomas Elliot, into his life, while his costumed alter-ego attempts a relationship with the irresistible Selina Kyle, also known as the feline felon-turned-heroine, Catwoman.

Still, amidst the light and dark points in the story is an enigmatic man in bandages known only as Hush, the mastermind behind a deadly game of cat and mouse that tests the limits of Bruce's detective skills. It is because of this new enemy that the Dark Knight faces old enemies with new tricks, questions his every action and decision regarding his allies, and engages in a battle that comic book fans have debated over for years: a knock-down, drag-out brawl in Metropolis with the Man of Steel, Superman.

All of this is encircled with plot twists, surprising facts about a pre-orphaned Bruce Wayne, and a climax that encourages the reader to go back through the story and detect the subtle clues that they missed in order to make sense of the resolution.

Loeb, writer of the miniseries *Batman: The Long Halloween* and scriptwriter of several episodes of the Superman-based *Smallville* television series, weaves a web of intrigue and deception that encompasses the highlights of Batman's career and

redefines him as a tragic hero and reestablishes him as DC Comics' "World's Greatest Detective."

In addition, he gives longtime readers an added bonus: a sweet, bloody retribution on his arch-nemesis the Joker for Bruce Wayne's most personal defeat, the murder of Jason Todd, the second Robin. This fight depicts the Dark Knight at his lowest point, allowing the reader to get inside Wayne's head as he reflects on the tragic events of the past while pummeling the Clown Prince of Crime almost to the point of committing the greatest mistake of his life.

As for the detective elements, he scatters the clues all across the twelve-chapter plot, and gives reference to Edgar Allan Poe's "The Purloined Letter" as the key to solving the riddle.

Loeb's scripts are brought to life by WildStorm Comics' star artist, Jim Lee, well-known for his run on Marvel Comics' X-Men. The highlights of his art are his depictions of urban environments such as Gotham City and Metropolis, the flashbacks to Bruce's childhood and Batman's past battles, and his beautiful designs of femme fatales Huntress, Poison Ivy, Talia, and Catwoman.

As for the Dark Knight himself, Lee gives the hero a near-exact anatomically correct physique cloaked in a cape that is not exaggerated to the point where it's unrealistic. His facial expressions are also in step with the duality of the character's "masks" as the grim relentless vigilante and the easygoing, laid-back playboy. He also gives fans a taste of what to expect on his run on *Superman* by delivering an Atlas-like, godly version of the Last Son of Krypton.

His magic is in subtlety; the expressions aren't too dramatic, how the figures move and fight are distinctive and realistic, and the non-violent scenes are done at angles worthy of camera work.

A longtime character associated with mystery and suspense, Batman: Hush delivers a story that pulls at the character's heartstrings and challenges his analytical mind to its extreme.

It is a modern day classic detective story...with superheroes.

MEDIUM ELECTIONS

THE MEDIUM WILL BE HOLDING ELECTIONS FOR ALL 2004-2005 EDITORIAL BOARD POSITIONS.

NOMINATION FORMS WILL BE AVAILABLE IN THE MEDIUM OFFICE (ROOM 200, STUDENT CENTRE) FROM MARCH 15 TO MARCH 26.

EDITOR-IN-CHIEF, NEWS, SPORTS, ENTERTAINMENT, FEATURES AND PHOTOGRAPHY EDITOR POSITIONS ARE AVAILABLE.

NOMINATIONS CLOSE MARCH 26 AT 4 P.M.

SPEECHES ON MARCH 31 AT 4 P.M.

EDITORIAL ELECTIONS ON APRIL 2 FROM 10 A.M. TO 4 P.M.

BOARD OF DIRECTORS POSITIONS ARE ALSO AVAILABLE
NOMINATIONS CLOSE MARCH 31 AT 12 P.M.

BOARD OF DIRECTORS ELECTIONS
ON APRIL 1 10 A.M. TO 5 P.M.

Aussie band is anything but sour

By Andrew Davy

The Vines are back. Last year, they had a hit with 'Get Free', off their debut, *Highly Evolved*. Now, they're set to release follow-up *Winning Days*. Recently, the band came to Toronto to promote the new record. It's being released the same day the band plays the Kool Haus as part of the Australian Invasion Tour. The Medium sat down with drummer Hamish Rosser, and here's what transpired.

The Medium: So where in Australia did you grow up?

Hamish Rosser: In Sydney. They [the rest of the band] grew up in Sydney as well. But I didn't know them when I was growing up.

M.: Did you have musical influences through the music scene down there?

H.R.: When I was a student at university, I used to see bands down at the local pubs all the time. There's a good bar on the campus that had live bands quite a lot. So yeah, I'd always go and see them. But Sydney isn't that great for live music, especially recently. Since the Olympic Games bid was won by Sydney, the laws changed to allow more poker machines and gambling in the clubs – so the government could get more money to put the games on. So that in turn took out a lot of stages, a lot of clubs put in gambling rooms instead of stages.

M.: So live music is becoming less accessible?

H.R.: There's less venues for bands to play, and it's also more an attitude of the people of Sydney. It was always hard to drag my friends along to a gig if it cost five dollars, but they'd happily spend two hundred dollars on a night out at a club, take a handful



of drugs. But then: "Five bucks for your gig? You're kidding!" [Laughs.]

M.: And now you're touring the world.

H.R.: Yeah! And we didn't really do that many gigs in Australia before we went out on tour alone.

M.: Where was it that you found the "easiest" success?

H.R.: I don't know about easiest, but the place that we get the best response is in England, definitely. Well in Scotland, I mean we played gigs in Glasgow, and they went mad. We played Reading [Festival] a year and a half ago. We were playing in a tent, and it was packed, and the crowd was singing the songs back at us. The whole tent was yelling it back at us. It was amazing, so UK is the best audience for us.

M.: Now with the new album [*Winning Days*] coming out, which track are you most proud of?

H.R.: Umm, I think the title track, *Winning Days*, is, in a lot of ways,

the best song. It's really a well-written song. The one I probably most like to play, or most like to listen to, would be *Animal Machine*. It's a heavy song, it's good to play drums to...The album is pretty diverse, it goes in a lot of different places. There's a bunch of "heavy rockin'" songs, there's some mellow ballads, and there's a few that are in-between.

M.: When you were growing up, what band did you most want to be like?

H.R.: When I was a kid, I was, like, big into *Van Halen*. I discovered *Van Halen* a bit late, but I've got into all the old David Lee Roth albums. I thought that was pretty cool, 'cause I used to play guitar, it was my first instrument. And Eddie was the big guitar hero, right. And I got really big into Soundgarden as well, it was another major influence for me. When I saw them live the first time it blew me away, that's what won me over.

The Vines play at Toronto's Kool Haus on Tuesday, March 23 with Jet and The Living End.



photo/Stephanie Lazarevski

UTM's twintastic duo Tony and Andrew Nguyen pose with the rest of the breakdancing squad after winning first place in the Dance Category at the 3rd Annual Arts Festival. The group was awarded \$500.

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FEATURES

Anti-procrastination tips for the coming crunch time

BY CHRISTINA ANN SAPIENZA

I often wonder how it is possible that it is 3 a.m. Wednesday night, or rather Thursday morning and I am still frantically finishing a chemistry lab or psychology assignment. It just makes no logical sense. I always have the greatest intentions to do my work on time. In fact, I even make a point of writing down when assignments and papers are due in an agenda, yet I never cease to be amazed by how I end up completing the majority of my projects the night before the due date.

My only solace is the fact that I am not alone in this, and on numerous occasions I have talked to many people about this very same thing. It is a general consensus that the best intentions seem to pave the road to complete chaos and utter disorganization. Why does this happen and can it somehow be corrected to prevent any future exam-cramps or midnight assignment marathons? There are those that believe that they "work well under pressure" or others that simply believe that the work will somehow get mysteriously fin-

ished on its own. As illogical as this sounds, it is exactly what many people continue to do.

Students, in particular, have actually mastered the art of procrastination. It becomes almost a weekly routine: wait until the very end to study for finals or to complete assignments and then make a last attempt to do everything in a 12-hour span. To an outsider this may seem completely ridiculous, but I learned as I talked to several students that it is a perfected system of delay and cram that has not yet failed them.

First year art and art history major Laura Filosa claims, "I get my best ideas under pressure and I work well when cutting it close to the deadline."

First year life science student Asia Starczewski says, "I'm not really that big of a procrastinator. It's just that there are so many things to do and not enough time."

So back to the question of why we all engage in this ridiculous cycle of procrastination. I'd like to believe it's because we're saving the best ideas for last and

that a stroke of brilliance only arrives 5 hours before an assignment is due. However, this is unlikely. It is more likely a combination of a lot of homework, jobs, friends, and all of the other invading factors in our lives.

**"Eventually the standing art
of procrastination will
crumble to the ground."**

All of these things and many more drive a lot of people to wait until the very end to finish an assignment or study for a test. Sometimes it is just impossible to finish everything all at once, while simultaneously dealing with the everyday stresses and unexpected complications of life. Eventually the standing art of procrastination will crumble to the ground.

But don't panic yet, this awful cycle of waiting until the last possible minute to complete anything can be stopped with a few simple solutions. First, take it upon yourself to decide what kind of procrastinator you exactly are. Maybe you're the type of procrastinator that thinks they work well under pressure and need a

close deadline to perform well. Or perhaps you're the type of person that simply takes on too many things at once, not realizing how much there is to get done and you get overwhelmed by everything, leaving projects and studying until the end. Or lastly, you just cannot prioritize your time and end up drifting back and forth in a sea of endless projects, assignments and tests, not realizing where the time goes. These are all very possible and common types of procrastinators.

Next, there are a few quick tips and solutions that will help lead you out of the cycle of procrastination and onto the path of getting things done early. If you happen to be the type of procrastinator that thinks pressure works for them, then you are seriously mistaken. If you end up acing the test or getting a reasonable grade on an assignment, imagine how much better you would have done if you actually started studying or working on the assignment earlier. The A could have been an A+ or the 95 per cent could have been 100 per cent.

There are frankly too many "could

have been" or "should have been" for me. A way to avoid this is to create small sub-goals or mini-deadlines. This basically forces people to complete a small amount of whatever needs completing and, by the actual due date or test date, cramming will not be necessary.

With procrastinators that take on too many activities, you need to PRIORITIZE!! Decide what is important and what really isn't that crucial. Sadly, some things will have to be eliminated, but it is all in the name of finishing before due dates! These are only some tips. It is really up to the individual person to figure out what will work best for themselves. I leave you with these last words of wisdom in hopes that they will provide at least some insight.

"Procrastination is the fear of success. People procrastinate because they are afraid of the success that they know will result if they move ahead now. Because success is heavy, carries a responsibility with it, it is much easier to procrastinate and live on the 'someday I'll' philosophy." — Denis Waitley

Rant: Physics asks us to believe in magic

BY NERRAD EVORGLENS

My roommate was downstairs tonight cooking dinner for his friend/girlfriend... whatever. I don't know what they're making, but it's smoking and I'm trying to read this thing on space-time and other such rubbish. It's fairly interesting, but I think Einstein and Elvis are sitting somewhere tropical playing Parcheesi in their gym shorts, having a beverage or two and chuckling pretty heartily about the whole thing. Einstein's wearing the fake sideburns and a big collared white jumpsuit and it fits him about as well as it fit Elvis. Elvis is wearing a fuzzy white wig that looks like he combed it with a firecracker and he's sporting a fake nose and mustache he borrowed from the Marx brothers. They're disguised as each other, so no one suspects a thing. In the daytime they play Frisbee in their muumuus and hatch plans to wrap Roy Orbison in cling film. I know, it's unbelievable: Space-time... HA!

The smoke alarm keeps screaming about the air quality, so my roommate is doing double duty as chef/air fanner. It looks like I've got an air traffic control school going on in my kitchen. He seems to prefer wielding the towel with the Propeller Method as opposed to the Paddle Wheel approach, which I would use, but his spatula is interfering with his equilibrium so he decides to fan with that too. From outside, someone would assume he's on a heroin rush and is just trying to get the energy out. In a different neighbourhood, someone would already have a beat on him with the tranquilizer gun.

My other roommate plods down the stairs, wanting to cook now too, but the kitchen is quite busy with the air traffic control school learning semaphore 101. I'm half waiting for a Dash-8 to touchdown in my backyard any second now. The second roommate sees the commotion and reclines at the kitchen table with a frying pan in his hand. He's swinging it back and forth, rubbing his eyes. I don't know if that's for my benefit or because of the smoke. He's been letting me do his TV Guide crosswords lately because he says something is wrong with his eyes and he can't read the small print. I don't know; his eyes look fine to me. They're a bit glossy and bloodshot, but who knows — it's probably the smoke. I suggested eye drops and he said "No, they've already dropped enough!" Alright.

His eye doctor says he needs magnifying glasses so I offered to get the duct tape to help him out, but he couldn't tell me if he'd prefer to have the handles stick up or to the sides. Fashion dictates; call "Queer Eye."

He opens the door and turns on the ceiling fan. The smoke clears, flight school is over and I continue reading, but now it's -16 C in my living room so I ask the chef if he could crank up the stove and burn something else for a bit.

I'm at the part in the book where they're deciding that the speed of light is magic and all other laws of physics have to bend, nay, break to accommodate its phenomenal nature. Yeah, whatever.

"Hey buddy! Einstein was joking! Don't you get it? It was a joke."

Those physics people have no sense of humour.

I can picture Einstein in the patent office looking for something to do. He probably likes riddles and this one got him as excited as the pictures in the Kama Sutra. Pavlov is in the news with his salivating dogs. Einstein's thinking "Bastard, that was sooooo obvious." He is Oedipus staring at the Sphinx. He asks himself, "Hmmm, should I do the crossword puzzle today or solve the riddle of Light? I guess I'll do the light thing." And this is only funny because no one challenged it. It was the best fit at the time. If he'd chosen the crossword, we might be living in a comprehensible universe. Let's see, "What's a seven letter word that describes the rules which govern the workings of the universe? 'PHYSICS' fits but no, I think I prefer 'MAGICAL.' I'll simply 'adjust' the other words to make them fit." Those damn geniuses, throwing us off the trail all the time. Everyone knows that the state of physics is in shambles, but no one does anything about it. All you philosophy

students should be thinking 'Paradigm Shift' any day now.

So now we've wasted a hundred years dismissing the things we know to be true. We're sitting at the dog races, following the scent of an artificial rabbit with the concentrated scent of 'Nobel Prize' smeared on its hindquarters, while the Truth is socializing at the concession stand with seven to one odds on 'Mechanical Universe.'

Students of physics spend half of their lives trying to understand the 'new' physical world and the other half is trying to prove it because you have to get funding from somewhere and everyone's been duped. One day we will know the true nature of light and one day we will get back to the mechanical universe. There's a prediction.

Einstein's laughing. Elvis's laughing. Roy Orbison is laughing in cling film. Everybody's laughing. Come join us. It's funny.

For all of you hard-working students, if this life can teach you anything, it's this: Wear protective head gear. Don't believe anyone. If you discover something mysterious, call Scooby Doo; he can fix it. If your eyes are troubling you, ignore it. It'll go away on its own. And if you happen to see Einstein and Elvis playing badminton in Oahu, drop the Fubu shorts, expose your most righteous gluteus maximus and demand compensation for several generations of obfuscation, complication and perplexity. Then tell 'em you were joking. I don't know about Elvis, but Einstein will get it. He's such a joker.

ATTENTION ALL VOLUNTEERS!

IF YOU HAVE SUBMITTED CREATIVE WRITING THAT I HAVEN'T YET PUBLISHED AND WOULD LIKE IT SUBMITTED TO REALM, PLEASE CONTACT ME AT SEARCHINGFOR@THETRUTH.COM

Johanna Kristolaitis, Features Editor

CLUBS CORNER

For the week of Mar. 22-26/04

The next ECSU Clubs Meeting will be Wednesday, March 24, from 5-6 p.m. in the Student Centre Board Room — all volunteer recognition forms are due then.

Forensics Club 2nd Murder Mystery on Tuesday, March 30, in Colman Lounge — Spaces are limited! You can go to the club office (SC 235) during office hours to sign up and get your invitation. Don't forget to bring your invitation with you on the night of the event!

Want to be a Doctor??? We have the solution for you!! Why not become an Optometrist? The Pre-Optometry Society is having their first ever Optometry Info session! Our executives have prepared all the necessary info to brief anyone interested about Optometry! The event will be held on Thursday, March 25, from 6-7 p.m. in the Student Centre Boardroom. Everyone is welcome at No Charge! We hope to see you there!

Questions/Concerns? E-mail us: preoplsoc@hotmail.com

CLUBS



CORNER

WOMENSPACE Fifteen Perfect Moments...

BY EDNA TOTH

In 1996, Sunily Kishand Chand flew into Vancouver with her parents and siblings. All she had was a backpack containing a change of clothes – no passport, no school reports, and almost no money. Admitted to Canada as refugees from Afghanistan, the Chands quickly contacted friends in Toronto, moved there and spent weeks in refugee shelters until they were able to get their own apartment.

Sunily took part in a mini conference, held on March 9, to help mark 120 years of women at U of T. It was organized by Women's/Gender Studies (WGS) coordinator Jan Noel with help from other staff, faculty, and student organizations such as the WGS Action Group, the Women's Centre, Muslim Students Association, Student Administrative Council, Erindale College Student Union, and Erindale Part-time Undergraduate Students. The topic of the conference was helping immigrants find jobs that make good use of their skills and training. Sunily, now a third year student at UTM, spoke alongside professors, social work experts, and people in the business of helping refugees. She contributed a unique perspective.

She did not share her own experiences as a refugee, of arriving in Canada almost penniless and with no place to go. Instead, she reported on research interviews with women refugees in Mississauga that she undertook as part of Immigrant and Refugee Women, a course she completed last semester. She told an audience of seasoned professionals how difficult it is to get information about immigrant women in Canada, and how easy it is to find out about immigrants in the United States, Europe, and even Australia.

Her research showed that women fluent in English or French can get good jobs that are full time, better paid, include benefits and are physically safe. Employers

prefer to hire and promote immigrant women with lighter skin and lighter accents. Further, "foreign" education and experience are not considered equal to Canadian learning, and that professional licensing bodies do not accept qualifications obtained abroad. Even Canadian government employment centres down-grade immigrants' experiences and qualifications, referring them to less skilled or unskilled occupations.

The "bad" jobs open to immigrant women are part-time, low paying, and require little education, even though many of the women who take such jobs are highly educated. The employment is short term, lacks security, offers few opportunities for advancement and no fringe benefits. Meanwhile, the fathers or husbands of these women find better paid, higher prestige work. Not only that, but the Canadian government provides language training, job search facilities and skills training for men, not for women.

"Over the last three decades, immigrant women have taken up all the 'bad jobs' instead of 'good jobs,'" Sunily summarized. "This country of vast resources and opportunities becomes a land of obstacles for immigrant women."

Sunily's career plans may enable her to solve the immigrant problem within her future workplace: she is majoring in Industrial Relations and plans to work in labour relations or human resources.

Because of continuing wars in Afghanistan, Sunily missed two years of high school.

"I was so happy to go to school in Canada!" she said. "Women's and Gender Studies courses provide opportunities to explore one's own identity in terms of race, class, gender, ability, and sexuality. Unlike other academic courses, Women's and Gender Studies presents one's own voice on important current issues in our world."

1. A shy wave across a crowded room coupled with a timid smile
 2. A friend surprises you with a coffee when you really needed a caffeine fix
 3. You hear a song at exactly the right time: it imitates your life to the point of *déjà vu*
 4. A sentence finished by someone who tells you exactly what you were thinking in the exact words you would have used if they were not stuck on the tip of your tongue
 5. Dyeing your hair bright blue and red and finding out it really suits you
 6. A great sandwich made exactly the way you like it (which is very rare at UTM)
 7. Having an orgasm
 8. Receiving a phone call from somebody you were just passionately thinking about
 9. Finding the perfect pair of jeans in your size on the shelf, without looking for two hours in ten different stores at Square One and getting frustrated (better than ice cream!!)

10. A great dirty joke you are not embarrassed to laugh at and pass on to others

11. A strong afternoon sun that forces you to close your eyes and enjoy the warmth of vitamin D coming through a dirty bus window on a February day

12. Discovering the continuation of a crush you previously thought was over

13. Two bags of chips for the price of one from a naughty vending machine

14. Seeing a gorgeous guy on the bus intently reading a religious text, looking perfectly peaceful and content, reciting the words quietly on his lips, seemingly unaware that everyone around him is talking noisily about how fucking cold it is, pissed off that it took them two hours to get to school on a snow day when classes were cancelled

15. Waking up one morning and feeling, for the first time in a really long time, that everything is going to be all right, no matter what else could go wrong in your life – priceless!!

P O E T R Y

Let go of me and I shall come back...

BY SIMRAN CHAUHAN

Last night, I felt a shadow beside my bed and it whispered
 'Oh thy mortal, you say I am love but I am unaware of who I am'
 Am I responsible for thy Mortal heart to flutter;
 Or am I to be blamed for thy soft heart to shatter?
 Am I accountable for thy ardent eyes which see thee lover;
 Or if thy eyes are filled of pearls, am I the Doer?
 Am I responsible for thy ears to listen to the sweet song;
 Or to be blamed for thy ears to be filled with a wax too long?
 Am I responsible for the lovely fragrance;
 Or am I to be blamed if it begins to grow fainter?
 Am I responsible for thy platonic desire;
 Or am I to be blamed for thy lust set on fire?
 Alas! Am I just an illusion or a passing allusion?
 Am I a reflection of thy image?
 Am I thy child and you my parent?
 Oh! Mortal I am lost in the whirlpool of mixed identities
 Before thee becomes responsible and to be blamed for my non-existence;
 Act now mortal & let my fly high, embracing myself with the clouds,
 stars and the moon;
 Do not be so persistent!
 Let go of me and I shall come back to thee very soon!



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Eagles finish first in ice hockey

BY MATTHEW CARRIER

The UTM division one ice hockey team has finished first place for the first time in the past 4 seasons. UTM moved ahead in the standings on Saturday, March 13, when they defeated the first place and undefeated St. Michael's College (SMC). UTM went into this game knowing that anything less than a win was unacceptable.

SMC came out strong and it didn't look good from the start. SMC won the opening face-off, came into UTM's zone, and took a blazing shot that defeated the UTM goaltender, but was accompanied by the ping of the puck hitting the post and coming out. The puck then proceeded to hit the goalie on the back, and dribbled by the other post. UTM knew that this game was going to be rough. The game remained scoreless until mid-way through the first half when SMC got a breakaway and beat the

UTM goalie on the stick-side. However their lead didn't last long as Mark Hawthorne sniped a quick shot right under the cross bar to tie it up. The play continued to go up and down the ice at a fast pace, and UTM got into a situation where they had to draw a penalty. The penalty proved to be costly as SMC scored on the power-play to go ahead 2-1. That's where their lead ended. UTM quickly scored two more goals to go ahead 3-2 by the end of the first half.

Feeling confident about themselves, UTM continued to pressure SMC during the second half, but it was evident the fatigue was starting to get to the UTM players. There was a large scramble in front of UTM's goal, which ended up with SMC tying up the game.

Once again UTM took it upon themselves to return that pressure and regain the lead with less than seven minutes left to play. UTM tried and tried to keep the pressure on, but

they were struck by fatigue. SMC had a good five minutes where the puck didn't leave UTM's zone and with no whistle and UTM's already tired players couldn't change, SMC swarmed the net. However, UTM did a great job of tying up their players and not letting a lot of shots through. SMC still had a few good chances to score, but where there were no players to block the shots, UTM's goalie was there to make the saves. And when there was finally a whistle, all five UTM players gladly got off for a much needed line change.

The game ended soon after that as the curfew rule was brought into effect and the game ended with just less than one minute left on the clock. UTM was then assured of first place as their final opponent in the regular season, Law A, defaulted the game, thus giving the win to UTM. UTM now waits to see who they play in the play-offs, which could be as soon as March 22.

Lady Eagles renew UTSC rivalry

BY JAN-MICHAEL MAW

This past March 18, the Lady Eagles ice hockey team played their last regular season game versus their archrivals, UTSC, at Varsity Stadium. Both teams met twice already in the regular season, with UTSC winning all of the previous matches and this match-up looked like a prediction of the championship game later this week.

The first period saw some good offensive pressure by both teams.

Unfortunately, UTSC was the only team to score as they slipped one past UTM goaltender, Tiffany Low Foon, halfway through the period. UTM had many good chances but could not capitalise on them before the end of the period.

The last period had many good opportunities for both teams. UTSC was thwarted by stingy goaltending that allowed the Lady Eagles to apply hard pressure on their opponent's defensive end. UTM was unable to score a goal against

UTSC goaltender. The game ended with UTSC winning 1-0 over UTM.

UTM ended the season in second place and will face the third place team, Faculty of Physical Education, in the semi-finals. The winner of that game will play first place UTSC for the championship. The semi-final game is tentatively scheduled for 8 p.m. on Tuesday, March 23 at Varsity Arena. Come out and support The Lady Eagles in their march for the championship!

Bananas and soccer

BY CANDICE JAMES

Go Bananas! GO GO Bananas! Unfortunately the women's division two indoor soccer season came to an end in the semi-finals with a 4-2 loss to Innis. UTM started the game off strong with a few motivational words and cheers by Assistant Coach Andrea Chan who could be heard chanting the "banana cheer" from the sidelines all game.

With a few key players absent, the Lady Eagles began with several goal-scoring opportunities. Kiera "The Goal Scoring Machine" Madden made several key runs down

the centre with perfect passes by veteran defenders Christie DesRoches and Val Lowe. As the game progressed, defensive pressure increased from both teams. Madden managed to squeeze two goals into the Innis net.

UTM struggled to work together under the constant pressure applied by the opponents. Their lead was short lived as Innis pulled ahead on a four-goal run. With time running out, Eagles keeper, and first year player, Jessica Frutti preserved the close score with nothing short of spectacu-

lar saves. Frutti played an excellent game considering all she could smell were her coach's pre-game stress reliever 'Subway Sandwiches'. Chan felt no pity and continued to eat as her players watched in agony.

UTM continued their offensive attack. With a matter of minutes left in the game Louisa "Bag Carrier" Ribeiro and Annie Rawji regained composure, firing shots at the Innis



photo/Darryl Sequeira

UTM's division two women's indoor soccer team made it to the semi-finals before being eliminated. Congratulations to the team and coaches.

goalie, but time and luck ran out. The Lady Eagles' defender Sarah Sawah brought unleashed some of her high school talent. Along with her teammate Jamie "On-Field Cheerleader" Bell, they managed to make several key plays while taking control of all loose balls in the UTM defensive zone.

The Eagles came out with a six-game season and should take pride in their tremendous indoor soccer effort. Congratulations to the team for representing UTM proudly.

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Championship bound

BY P. P. PELLEGRINO

The UTM Lady Eagles division one indoor soccer season was to start against their rivals from Scarborough, but bad weather conditions postponed the important match-up until the end of the year. A week later UTM opened the season against Victoria. The team looked very impressive as they beat their opponents 9-1. Tanya "Shy Gal" Vuia, the immigrant from Romania led the team with three goals, while Stephanie "I like the Pole" Kishimoto also added two goals. The defense was very strong as they were led by Candice "Auntie" James and Julie "I Am a Princess" Poirier. Emily Saleh made a couple big saves in the game to limit the opponents to one goal. The entire team showed the rest of the league that they wanted the championship this year.

The next opponents were Medicine College who heard about the thrashing the week before and decided not to show up. UTM won 1-0 by default.

Week three brought a difficult challenge in the defending champions from FPEH. The game started out very physical as both teams knew that goals would be hard to come by. The Lady Eagles had some great chances in the 1st half but could not solve the FPEH goalie that was on top of her game. At half, UTM found themselves trailing 1-0 on a lucky goal by FPEH. The second half brought out a different UTM squad as they were all over FPEH with shot after shot, only to be denied by the goaltender. UTM's chances of victory were dealt a big blow as Candice James received a red card and was ejected from the game, only three minutes into the 2nd half. The Lady Eagles fought hard the rest of the match and actually had multiple scoring chances, but being a player down the majority of the 2nd half was too much for the team to overcome as they fell 2-0. Coach Pellegrino was very happy with the effort the girls displayed even though their backs were against the wall.

UTM put the loss behind them and on March 1, 2004 came out strong against Skule who were no push over. The girls played very hard and came away with a 4-1 victory. Andrea "F-squared P" Chan and Carlie Van Gumeren displayed great passing and shooting as both girls scored a goal each. Joanne Karanjac and Steph Wagler closed the door on any comeback attempt made by Skule.

The final game of the season was for second place between UTM and Scarborough Mans. UTM had something to prove this game as they came out energized and ready to win. They dominated all aspects of the game and came away with a well deserved 2-0 win. The entire team played well as every player on the team gave a 100 per cent effort. With the victory, the Lady Eagles ended the regular season in second place. Their first round opponents were the only team they lost to all year, FPEH.

The Lady Eagles began the game very slow as they could not get any good scoring chances and defensively were a little nervous. But as the game went on they began to calm down and scoring chances came one after another. Eventually Steph Wagler had a semi breakaway and slid the ball past the goaltender for a 1-0 lead. FPEH did not give up scoring a few minutes later on a

free kick to even the score at 1-1. UTM did not panic as the forward line of Tanya Vuia and Stephanie Kishimoto were giving the FPEH defenders all they can handle. It was only a matter of time before UTM took the lead again as Kishimoto placed a beautiful shot into the top corner to regain the lead again 2-1. After that goal Candice James who played the entire match, Julie Poirier and Steph Wagler closed the door on any comeback attempt by FPEH. The final score was 2-1.

The final game of the season is against the Scarborough Sting who ended the season in first place. UTM will need great efforts from Tanya Vuia who said her family is already in their row boats to come watch the game and should be arriving on land by 1 p.m. on Monday. Stephanie Kishimoto who is playing injured needs to leave the POLE for a while and score a couple more key goals. Andrea Chan and Carlie Van Gumeren will definitely need to bring their hustle and toughness they have showed all year. Defensively, Candice James, Steph Wagler, Julie Poirier and Joanne Karanjac will need to play as well as they have all year to stop the high powered Scarborough offense. The team will sorely miss Claire Pinsonnault as she is a great positional player and passer. Pinsonnault has been out the past few games with a "lower body injury". Finally, goaltender Emily Saleh will be relied upon to come up with big saves as she has done many times this year. The game is at 7:30 p.m. at the Athletic Centre downtown on March 22, 2004 for those who would like to come support the girls in their quest to win the championship.



Tanya Vuia (above) gets ready to "whoa" an unsuspecting opponent. The team will play for the championship on March 22 at 7:30 p.m.

The importance of exercise safety

BY JAMES WALKER

The Art of Spotting

A spotter is someone who assists you with certain exercises during weight training. Their main purpose is to help prevent you from injuring yourself and to ensure that you are maintaining proper technique. For example, if you are doing a barbell bench press, a spotter will help you get the bar back onto the frame if you are having trouble lifting it. Unfortunately some people have a friend help them lift a weight throughout their set so that they can pretend to be really strong. Please lower the weight if you can't lift it on your own.

If you are spotting someone, you need to be in the position where you have the most leverage. For example, when spotting during a bench press, stand by the person's head; and when spotting during squats, you should be behind the person squatting with them while keeping your hands on their midriff. Ask yourself if you could lift the weight if they were to lose control; if the answer is no, you are in the wrong place! Perhaps the most important thing about spotting someone is to pay attention. It takes less than a second for a dumb bell to fall from someone's hand onto their chest, or for someone's core to collapse during a squat. If you are not there when you're supposed to be, the person doing the exercise could seriously injure themselves!

The Rule of 90

The rule of 90 is a guideline that can be applied to most exercises during strength training. While it may be alright to contradict this guideline if you know exactly what you are doing, the reason it is in place is to prevent you from injuring yourself. The rule of 90 states that when going through the first phase of movement during an exercise, you should not go past a ninety degree angle between the moving and stationary part of your body. This is best illustrated with a couple of examples: During barbell bench press, you do not have to touch the bar to your chest—many people find this an uncomfortable stretch of their shoulder and chest muscles, and I have witnessed shoulder dislocations during the dumb bell equivalent of this exercise. You only need to bring the bar down until your forearm and upper arm create a 90 degree angle. Another example of the rule of 90 is during the lateral pulldown; you do not need to pull the bar all the way to your chest, you can stop when your forearm and your upper arm are perpendicular to one another.

Other examples include: Squats, where you should make a 90 degree angle between your thigh and lower leg; tricep pulldown, where your starting and finishing position should be when your arms are perpendicular to your upper body; and seated cable row, where firstly, your upper body should not be stretched forward past 90 degrees, and secondly where you pull back on the handle only until your forearm and upper arm are at a 90 degree angle to one another. There are lots of mirrors in the gym that will show you how well you are following this rule, and your spotter should let you know if you are going too far with a certain exercise.

"No Pain...No Gain"

Don't take the old adage "no pain no gain" too seriously. For the average exerciser, pain does not mean that you are making great progress; it usually means something bad. You may be doing the exercise incorrectly, going too fast, using muscles that you shouldn't be using, or going through a range of motion that is too large. Check your technique. Remember that you should be doing the exercise in a pain-free range of motion with a weight that challenges you but won't kill you.

Muscles will also hurt if you have put them through too much. If you are nearing the end of your set and you deliberately overload the muscle by going past your "limits", then you can expect pain. You can also expect not to be able to do another set of that exercise, or at least have to lower the weight. If you want to exercise pain-free, reduce your weight and your range of motion.

The final, most obvious, and often overlooked explanation is an injured muscle. If you "work through" an injured muscle, you are almost guaranteed a more serious injury. If you are experiencing pain just moving or flexing your muscle, you need to stop right away. Depending on the pain, you may need to apply the "RICE" principle: Rest the injured area, apply ice and compression, and elevate it. This basic first aid can often mean the difference between a slight ache the next day, and a visit to the pharmacy for anti-inflammatory drugs and pain-killers.

Overstretching

Overstretching occurs when you stretch part of your body past the point that it is normally capable of going. The body's response to this is to contract the muscles in the area being stretched—essentially trying to stop you from stretching. Aside from the possibility of

injuring yourself by stretching too far, you may actually become less flexible for a period of time because of the tension in the overstretched muscles.

You can avoid overstretching in a few ways. Think of your muscles like a piece of rubber. When it is cold, it is not very malleable and if stretched too far or too quickly it can snap. On the other hand, when it is warm, rubber can stretch easily and still return to its original shape. It is safest to stretch when your muscles are warm (i.e., after a warmup or at the end of your workout). Remember that stretching should never be painful, and you should only feel a little bit discomfort in the area being stretched. Overstretching also often occurs in weight training, especially with exercises like the bench press and squats, where a load can potentially force your muscles past the point of comfort. Most joints can safely hold a ninety degree angle without being overstretched, which is why the "rule of ninety" is such a good guideline to follow. Always listen to your body; you're not doing yourself any favors by going the extra inch!

Resting

There are two types of "resting" when talking about exercise: The first is resting between sets, and the second is resting over a period of days. After every set, it is a good idea to take some time to relax until you feel ready for another set. Usually this rest period lasts between 30 and 120 seconds, and allows your body to clear the lactic acid out of your muscles. Lactic acid is a product of intense exertion, and can be identified by the "burning" feeling you get in your muscles. If you take a minute or so to rest, you will be stronger, more focused, and have more energy going into your next set. Similarly, resting between different exercises will allow you to recover energy before moving on. However, a "circuit" sometimes requires moving between exercises with no rest in order to keep your heart rate elevated.

Your muscles generally take between 24 and 72 hours to regenerate after weight-training. If you are careful and focus on different muscles each session, you may be able to exercise on consecutive days. However, the most important deciding factor as to when you exercise again is how you feel. You should wait until you are not sore or feeling weak before exercising again. The harder you work, the more rest you will need before you are ready to exercise again. This goes for both weight training and cardiovascular training. Take your time—the best results come from long-term commitment, not short-term overload.



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